

# MSNP

2074/02/05 & 2074/02/06

## Integrated Approach in Intervention of MSNP



**District Agriculture Development Office, Water Supply and Sanitation Division Office, District Education Office and District Public Health Office** went to Hempur VDC on 5<sup>th</sup> and 6<sup>th</sup> of Jestha to implement orientation programme from their own sector in an integrated approach.

This was a well-coordinated event where line agencies delivered their sessions to different target groups.

**WSSDO**- Handwashing techniques and Water purification methods to Students of Secondary level,

**DADO**-Orientation on Kitchen Garden members from Golden Thousand Days Family and formation of Farmer's group

**DEO**- Orientation on Nutrition and Awareness on Early Marriage to Adolescent Girls of Secondary level

**DPHO**- Orientation to VLNFSSC members regarding MSNP implementation, Nutrition, Integrated management of Malnutrition

Prepared By: Garima Uprety (PMIMO) & Amrendra Ray (DC)



It was a hot sunny day and all we could see was a mass of students gathered to welcome us. We could see eyes of hopes and happiness in their faces. **Drinking Water and Sanitation Division Office** had organized a programme on awareness to adolescent school going children regarding hand washing technique and water purification methods with demonstrations. It was a well-organized programme where the chief of WSSDO himself presented some contents and the engineer demonstrated techniques of handwashing and water purification methods including use of "Aqua Tab" and "Piyush". The bucket with tap and sets of soap and towel (hygiene kits) were given to the principals of different



schools. The principals were told to make the students habituated in hand washing practice. The sessions ended with re-demonstration by students which was a very good aspect and a commitment from the mass that they would apply what they had learnt. A student among the mass told, **"We were never exposed to such programme where handwashing and water purification techniques were demonstrated to us. We have learnt many things today**

**and we will try to teach others as well"**. The principals were also very thankful to the organizers as such programmes were conducted for the very first time in their schools and the programme directly reached to the students. They also told that



such programmes would contribute a lot atleast to eradicate communicable diseases in their community and would promote personal hygiene. The organizers strictly briefed that handwashing behavior would be monitored timely. Free supplements of Piyush tab and Aqua tab was done to the students as a sample. They also committed that all the selected households of Hempur VDC as forwarded by VLNFSSC would get a well facilitated filter and Hygiene Kits which contains soaps, towels, hand towels, cleaning materials, Piyush and Aqua tabs. With this the sessions were forwarded to District Education Office.



The Chief of **District Education Office** gave a warm welcome to the students, took sessions regarding personal hygiene, menstrual hygiene, and early marriage in an interactive discussion approach. The students participated willingly and shared their experience at their home level. Some **students also shared how unwilling their**



parents are, to send them to school and very few expressed that they are lucky that their in-laws have sent to school even after their marriage.



The district team took some sessions on Menstrual Hygiene, nutritive foods needed for growth and development and effects of Early Marriage. The team from DEO organized a group work where students presented problems during menstrual cycle each month and mitigation strategies to those problems. This too was a very interactive session as each student were personally

approached by the organizing team. The principals and teachers also committed the organizing team that the issues discussed in the group work session would be delivered to the parents of children in the parent-teacher meetings in coming days and would give proper counselling.



The organizing team of **District Agriculture Development Office** organized interactive sessions where they formed Farmer's group where majority of the members were the women of Golden Thousand Days. The sessions also contained concept about kitchen garden, its processing and benefits. An interactive session was



delivered on Nutritive value of several vegetables and fruits. FCHVs facilitated the sessions which made the organizing team interact with Golden Thousand Days. One of the participant said, " **There were no any farmer's groups formed before where women were the members. This time, we are taught the nutritive values of foods and process of kitchen gardening which has more impact on environment on days to come. Thankyou organizers and the team involved!**" The district team had an opportunity to deliver some key messages regarding how the nutritional status of the Golden Thousand Days and children upto 2 years of age play role in leading a prosperous life.



**District Health Office** organized an orientation programme to VLNFSSC members regarding importance of nutrition and Integrated Management of Malnutrition where they invited the FCHVs as well.



The orientation covered the content of status of malnutrition in Nepal with the reference of NDHS 2016, situation of SAM and MAM cases in Sarlahi District, examination of nutritional status through MUAC tape and reporting process. All the members of VLNFSSC eagerly participated and raised queries on stunting, wasting and underweight which were answered as per need. VLNFSSC members were told to list the households for implementation of programmes planned.



**Lessons Learnt:** The programme when run in joint approach has brought all the agencies in a single platform; has boosted inter-sectoral coordination with each other. The mass of service receivers was well managed and the line agencies accomplished the events with their respective target groups in different scenarios. The inter-relationship between line agencies were understood by the service receivers and service providers as well.

